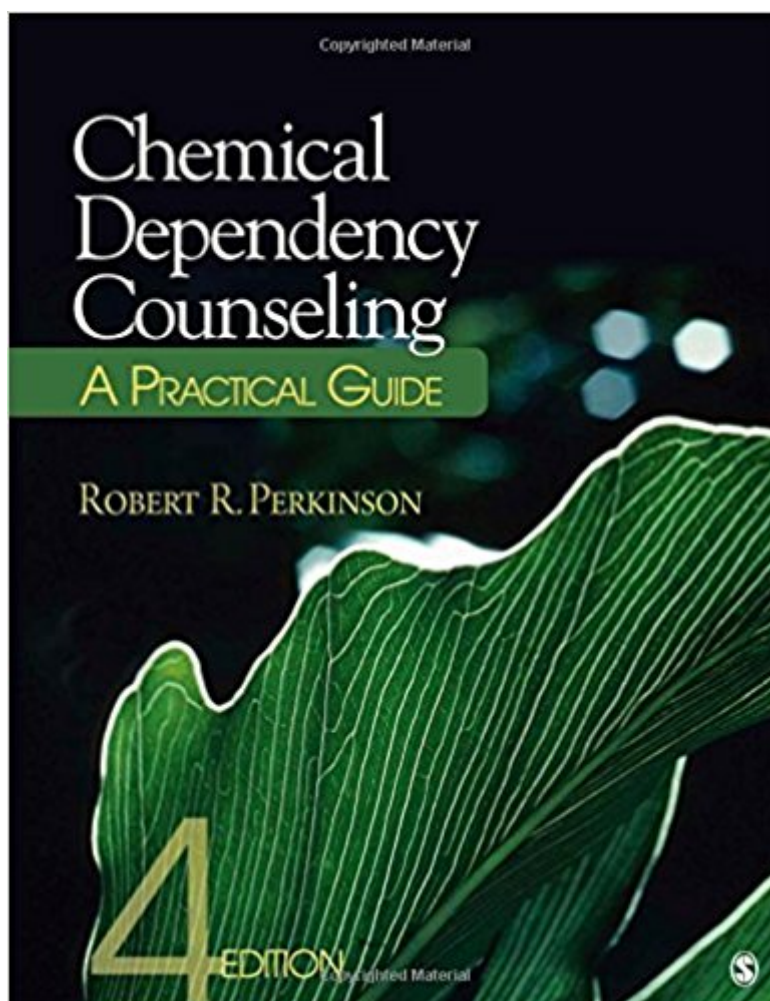


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# Chemical Dependency Counseling: A Practical Guide



## Synopsis

Chemical Dependency Counseling is a best-selling comprehensive guide for counselors and front-line professionals who work with the chemically dependent and addicted in a variety of treatment settings. The text shows the counselor how to use the best evidence-based treatments available, including motivational enhancement, cognitive behavioral therapy, skills training, medication and 12 step facilitation. Guiding the counselor step-by-step through treatment, this volume presents state-of-the-art tools, and forms and tests necessary to deliver outstanding treatment and to meet the highest standards demanded by accrediting bodies.

## Book Information

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## Customer Reviews

"I have been in the chemical dependency field for over 28 years. I have worked as a counselor, clinical supervisor and executive director in a number of treatment centers. These are the best exercises for alcoholics, drug addicts and problem gamblers that I have ever seen. I have used them for years and patients find them easy to understand. The material covers everything an addict needs to know to enter a stable recovery. I highly recommend these patient handbooks. Patients love them and they make the counselor's job easy. The book makes the job easy as all you will need to help your patient is in one place."--Bob Bogue

The addiction field has long needed a comprehensive set of exercises counselors could use to guide patients through good treatment. The workbooks developed by Dr. Perkinson take the patient from the beginning of treatment to the end. They are written in such a manner that Dr. Perkinson is your mentor and is conversing with you,

sharing with you his vast area of expertise and knowledge about recovery. These patient exercises meet the highest standards demanded by accrediting bodies."--Dr. Bob Carr

"In "Chemical Dependency Counseling" Dr. Perkinson has given the addictions counseling profession an exceptional foundational text, now in the fourth edition. Students and experienced professionals will find resources that are clinically sound and practice relevant. CDC continues to be welcomed in my classroom and heavily borrowed by my colleagues." Don P. Osborn  
 President of NAADAC  
 Director & Professor of Graduate Addictions Counseling  
 Executive Director of the Addictions Studies Center  
 Indiana Wesleyan University--Don P. Osborn (01/22/2011)

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"I have been working with compulsive gamblers and their family members for 12 years and find this work extremely rewarding and challenging. I have been utilizing Dr. Perkinson's workbooks for 10 years and have found them to be some of the most useful tools in helping addicts and gamblers identify the many ways that addiction has impacted their lives. Our clients benefit from the straightforward approach of the workbooks and the clear instructions of how to begin incorporating a 12-step recovery program into their lives. I highly recommend Dr Perkinson's workbooks."--Lisa Vig

"Dr. Perkinson does an excellent job of bringing together and individualizing 12 step treatment for addicts and gamblers including identifying character defects and relapse prevention. Comments from patients include, 'it has opened my eyes to my gambling and behaviors associated with it' and 'I feel it is easy to work and very self explanatory.'"--Ron Scherr

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I love this book, it is a easy read and interesting. 4 stars because it is big and heavyUpdateit's the end of the semester and I enjoyed reading this book, and i passed my class lol. I will be attempting to purchase this book for my collection. I read where one person said the material is old. well i don't know about that but from my perspective this book has valuable information, and it saved my butt on a job interview when i was asked about certain strategies for the scenario they provided.it's still a huge book which i will not carry to class fyi (not like that could have changed) I did find myself wishing i had it in class though, for participation reasons

This book came the other day. It was brand new. And wrapped in protective wrap. No issues there. My only concern was that the books title, author and isbn number were ALL on the address label! I had been keeping hush about the courses I was taking because I am older student and was not sure if I would make it through. BUT NOW I was exposed! lol.....sorta!

This book is on point, I love it! I would recommend this book to anyone desiring complete and accurate information concerning chemical dependency. This book is great for this beginning therapist or any seasoned counselor. I find it hard to stop reading some of what I have already learned. Anyway, this book goes further into grave detail, 'as I continue reading each chapter, the book becomes more of an eye opener, it becomes realistic about everyday situations that the average substance abuser faces in this world today. This book helps me by giving a lot details about what to do, how to do it and how any therapist and others can help substance abuse's recover and maintain sobriety. What a great book, one of the best books that I have enjoyed reading since I have been enrolled in college. Having said that, Mr. Robert R. Perkinson, you must receive a five star rating from a student who will be graduating from Ivy Tech Community College (Sellersburg, IN) soon. You can believe that this book will be with me after I graduate, when I get my first job working as a substance abuse therapist, and, I have got to take this book back home so that I can have it with me at all times, Amen, Amen. Anna Marie Sutton

I had to buy this textbook for a class on counseling chemically dependent clients. However, considering all of the textbooks I have bought in pursuing my master's degree in counseling, this has by far been the best. I will definitely be hanging onto it and using it as a resource. It has a terrific index of different things that may be helpful when treating chemically dependent clients. Furthermore, the chapters in the book do a great job of explaining and giving an introduction to chemical dependency.

Can not ask for more Great Price, free delivery and great condition! Students dream

I typically don't write ratings but this book was exactly as described with the refurbished cover and I got it really quickly. The price I paid for it is a steal even with the cover which is irrelevant anyways as I needed this book for my addictions class at a cheap price. Well done and will buy from this seller again!

At first the book is daunting in size. But then you get into it and find all of the helpful appendix - definitely needs to be in your library if you are doing counseling!

Excellent! Thorough and practical. Very useful in setting up our new program. Staff find it helpful in

many ways. Highly recommended.

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